

RELEASE

I, the undersigned, acknowledge that I am attending this training camp to obtain instruction in a martial art involving strenuous exercise and personal body contact, and that I have previously participated in Aikido classes. I understand that because of this there is always an inherent risk of injury that cannot be eliminated. Such injuries may include, but are not limited to, pulled muscles, dislocated joints, and broken bones. In accordance with law, the camp will not exclude individuals with medical conditions that do not pose a medically recognized threat to the health or safety of other students in the normal course of training. I understand that there are some unavoidable circumstances where these conditions may require special caution on my part to minimize danger to others or myself and I acknowledge that it is my responsibility to act accordingly. In particular, I understand that some students may be infected with diseases such as HIV/AIDS and Hepatitis that can be transmitted by exchanges of blood or other body fluids and that I may be training with them. I will follow the procedures for dealing with injuries to myself and others that present opportunities for exposure to blood or body fluids. As a condition of being admitted to this intensive training camp, I assume the risk of all injuries, and do hereby release the Aikido School's of Ueshiba, the Aikido Shobukan Dojo, their employees and agents, harmless from any and all liability due to injuries suffered by me or caused by third parties to me, arising out of activities involving Aikido, or any variation thereof, whether occurring on the premises of the DuFour Athletic Center or elsewhere, excepting only those claims, actions or damages caused by the gross negligence or intentional act or omission of any of them. Aikido Shobukan Dojo reserves the right to use both moving and still images of the events and the participants on the web site, in instructional videos and/or advertisements.

Signature: _____

Date: _____

Please return this form with payment to:

AIKIDO SHOBUKAN DOJO
421 Butternut Street N.W.
Washington, DC 20012
attn: Summer Camp 2006

TRAINING

We are honored to have again Mitsugi Saotome Shihan and Hiroshi Ikeda Shihan at our annual weapons intensive camp. Classical and practical applications of Aiki Weapons will be the focus during a week of training in the nation's capital.

Morning 10 am - 12 pm and Evening 6 pm - 8 pm Weapons Classes will be taught by Saotome Shihan and Ikeda Shihan.

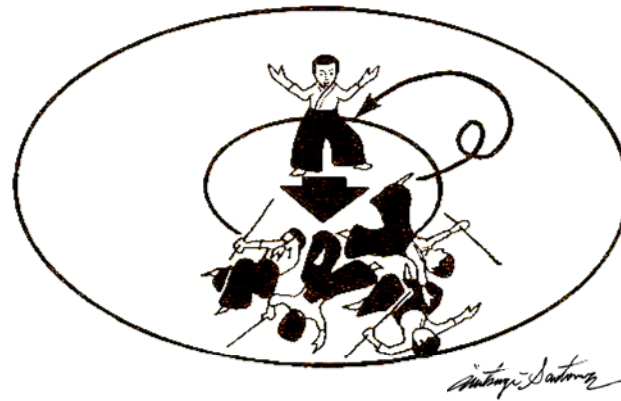
Afternoon 3:30 pm - 5 pm Taijutsu Classes will be taught by Senior ASU Instructors from across the country. This year, we are delighted to have as our guest instructors:

- | | |
|---------------------------------------|-----------------|
| Patty Saotome Sensei, ASU | Myakka City, FL |
| Charlie Page Sensei, Baltimore Aikido | Baltimore, MD |
| Chuck Weber Sensei, Baltimore Aikido | Baltimore, MD |
| Paul Kang Sensei, Bond Street Dojo | New York, NY |
| Kevin Choate Sensei, Chicago Aikikai | Chicago, IL |

Morning 8:30 am - 9:30 am Weapons Classes covering Saotome Sensei's Aiki Sword and Jo will be taught by Instructors from Aikido Shobukan Dojo.

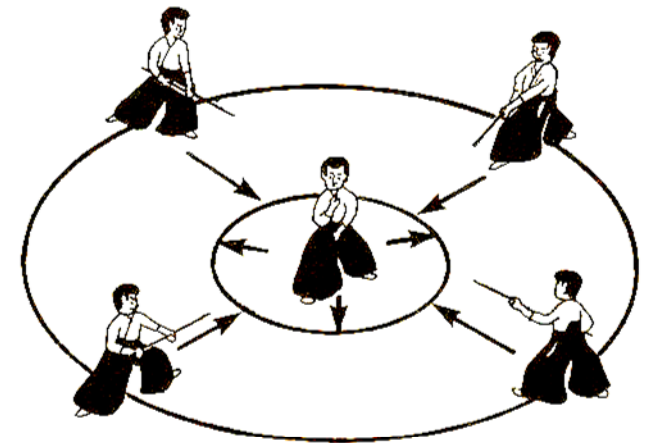
All students of Aikido, regardless of affiliation, are sincerely invited to join us.

For dojos submitting multiple registrations, please send a separate registration form and payment for each participant.



 **SUMMER CAMP**
WASHINGTON DC

July 1 - 7, 2006



Mitsugi Saotome Shihan
Hiroshi Ikeda Shihan

RAYMOND A DUFOUR ATHLETIC CENTER
CATHOLIC UNIVERSITY OF AMERICA

DIRECTIONS TO DUFOUR ATHLETIC CENTER

Driving

From the Dojo: Turn right onto Blair from Butternut. Take a left on North Capitol (south). Take another left on Hawaii Ave. At the stop sign, turn left on Taylor Ave., and take a quick right onto the ramp, which goes under Taylor Ave. Turn left on John McCormack Rd. The DuFour Center parking lot will be on the left.

From I- 495 (The Beltway): Take Exit 28, "New Hampshire Avenue South." Stay on New Hampshire Ave for 4.5 miles. Take a left on North Capitol (south). Take another left on Hawaii Ave. At the stop sign, turn left on Taylor Ave., and take a quick right onto the ramp, which goes under Taylor Ave. Turn left on John McCormack Rd. The DuFour Center parking lot will be on the left.

Public Transportation

From the Dojo: Take the Metro Red Line from Takoma to Brookland CUA station. Come out through the left exit of the station and walk down McCormack Rd. to the DuFour Athletic Center.

From Union Station or Downtown: Take the Metro Red Line to Brookland CUA station. Come out through the left exit of the station.

From National Airport: Take the yellow line to Gallery Place/China Town, change to the Red Line in the direction of Glenmont and get off at Brookland CUA station. Come out through the left exit of the station.

From Dulles Airport: Take the Washington Flyer to the Vienna Metro Station. Take the orange line to Metro Center and change to the Red Line in the direction of Glenmont and get off at Brookland CUA station.

ADDITIONAL INFORMATION

Please visit www.aikido-shobukan.org for information about hotel deals and other updates.

Please make reservations early, as lodging close to the week of July 4th in DC is difficult to obtain.

Participants whose paid registration is received by June 22nd will receive a free Summer Camp shirt.

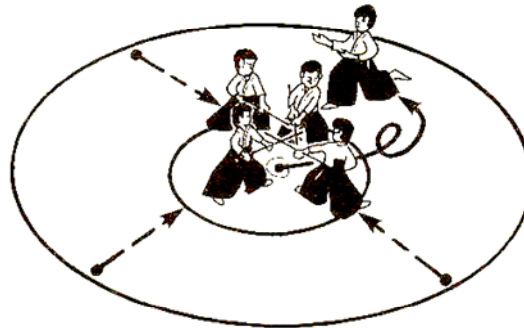
No childcare is available.

Videotaping of classes is not permitted.

Cancellations: Participants may cancel their registration and receive a full refund up to June 19th. After June 19th, there will be a \$50 cancellation fee.

Housing: Limited housing is available at the DC dojo. There are no cooking or laundry facilities available in the dojo. Please indicate interest on the Registration Form.

For more information, send an email to info@aikido-shobukan.org.



REGISTRATION FORM

Name:

Address:

Phone:

Email:

Home Dojo:

Camp Fee: \$270 Full Camp - Advance Registration
 \$300 Full Camp - at Door
 \$50 per Day
 \$30 per Class

Housing: \$50 per Week to stay at the Dojo
 \$10 per Night to stay at the Dojo

Total Payment Enclosed:

Make checks payable to Aikido Shobukan Dojo.
Please read and sign the waiver on back.